

ST PATRICK'S STRANDHILL FR NIAL AHERN P.P. t: 91 68 147 087 797 3432		STAR OF THE SEA RANSBORO FR. CHRISTOPHER MCCRANN C.C. t: 91 28 470 087 932 5179	
St PATRICK'S STRANDHILL Do join us in Hope and Prayer. Web-Cam: www.churchservices.tv/strandhill www.stpatrickstrandhill.ie			
Mon 8 th Mar	10:00am	Special Intention	
Tue 9 th	10:00am	Deceased members of the Tiernan Family RIP	
Wed 10 th	10:00am	Deceased members of the Finan Family RIP	
Thurs 11 th	10:00am	Patrick McGoldrick RIP	
Fri 12 th	10:00 am	Mary Wynne Anniversary RIP	
Sun 14 th	11:00am	Kevin Flynn Anniversary RIP Philip Douglas Anniversary RIP	

Please Pray for Charlie Doherty, RIP, brother of Mary Mitchell, Kilmacowen, recently deceased.

Congratulations: Zak Kevin Quinn recently baptised in St Patrick's Church.

MASSES The on-line Mass for the coming weeks for the parish will continue at 10:00am Mon, Tues, Wed, Thurs and Fri and 11:00am on Sunday. Please join us in prayer as a faith-filled community.

Web cam: www.churchservices.tv/strandhill

OTHER OPTIONS **RTE NEWS NOW**- Monday-Friday at 10:30am. Saorview Channel 21 or Sky Channel 521; -- Online at: www.knockshrine.ie-12:00 and 7:30pm (commencing with Rosary)
VATICAN TELEVISION Pope Francis has arranged for his celebration of Mass to be televised at 6:00am. Translated into English. www.vaticannews.va/en.html
RADIO MARIA IRELAND Each day at 10:00am from studio in Dublin www.Radiomaria.ie Saorview Ch 210 or Radio Maria Ireland Mobile app.

Collections: St Patrick's 28th Feb: €1051. Refurbishment Fund €45 Thank You.

TAX CLAIM FORMS A Vital source of income. Please avail of the opportunity to support our ministry. We're deeply appreciative. Parishioners who don't use the envelope method might consider direct debit. Thank you.

STANDING ORDERS Parishioners may avail of the Standing Order facility. Pay Bank of Ireland, Stephen's St. Sligo. Forms available in the church post.

STAR OF THE SEA RANSBORO A/C RANSBORO CHURCH
IBAN: IE59 BOFI 9054 4011 8479 28 **BIC:** BOFI IE 2D
ST PATRICK'S STRANDHILL A/C STRANDHILL CHURCH **IBAN:** IE13 BOFI 9054 4020 656744 **BIC:** BOFI IE 2D

Support contacts:

Covid-19 Support, Sligo CoCo, Freephone: 1800 292 765, Mon-Fri 9am - 5pm
Email: covid19support@sligococo.ie Freetext Text SLIGO to **50100** followed by your request.

PIETA HOUSE: Northside Resource Centre, Forthill, Sligo Phone: (074) 912 6594

ALONE Support Line Supports Older People 7days, 8am - 8pm, call 0818 222 024.

SAMARITANS Tel 116 123 (24hr) eMail: jo@samaritans.org

Womens Aid Helpline: 1800 341 900. Email: info@womensaid.ie

BEREAVEMENT www.bereavementireland.com Tel 01 8391766

AA www.alcoholicsanonymous.ie eMail: gso@alcoholicsanonymous.ie Tel: 01 842 0700.

TUSLA 071 9155133 www.tusla.ie Email: info@tusla.ie

www.stpatrickstrandhill.ie

Springtime: A Prayer Guide for the Season of Lent The restrictions in place because of Covid-19 mean that as a Christian Community we cannot gather for our usual religious services. Download the Lenten Prayer Guide at www.elphindiocese.ie

Weaving the Tapestry of Death and New Life - Lenten and Easter Scripture Based Opportunity. Details: www.elphindiocese.ie/lent-easter All welcome.

CONTINUOUS ROSARY IN IRELAND FOR PEACE AND CHARITY beginning Ash Wednesday, 17th Feb, 2021 www.continuousrosary.com

VIRTUAL HOLY HOUR Elphin youth ministry with Elphin NET Team host a Holy Hour Tuesdays, on FB Live and Instagram. Music, Prayer, Reflection, Healing & Blessing: -www.facebook.com/elphindiocese/live [Instagram.com/elphinnetteam](https://www.instagram.com/elphinnetteam)

ALPHA FOR YOUTH AND YOUNG ADULTS Elphin Youth Ministry with Elphin NET Team will host 2 Alpha Courses via Zoom. -For Youth aged 16 & 17 the Alpha Course will be on Wed evenings 7:30pm to 8:30 pm from Wed 10th Feb for 9 weeks. For Young Adults aged 18 to 25 the Alpha Course will be on Thurs 7:30pm to 8:30 pm beginning on 11th Feb for 9 weeks. To register eMail FrankMcGuinness@elphindiocese.ie.

Visit www.elphindiocese.ie/alphayouth

ONLINE PRAYER AND TALKS FOR YOUNG PEOPLE Join the Youth 2000 Lockdown Sessions on Monday, Wednesday and Friday at 7.30pm. Youth 2000 bring you workshops. These are talks and lectures with a time for Q&A on the topics you request.

Wednesday – Join our online prayer group. It is led by young people from around Ireland. Join the Youth 2000 Quiz – General knowledge, music, picture rounds, join for the fun, the craic and banter, also good to bring tea/coffee! To join these events email Emma at office@youth2000.ie with the tagline ‘I'd like to join!’ www.youth2000.ie

Accord – Relationship Counselling Accord is open for relationship counselling in these difficult times. Professional Counsellors are available to help explore any difficulties you may have in your relationship in a safe and friendly atmospheres. Please contact Ann at 087-6765425 for more information. All HSE guidelines observed for Counselling.

CANA AT HOME Free on-line couple retreat hosted by Cana Ireland. Serving couples and marriage since 2012. Providing free online retreat via YouTube Channel CANA

THE WAY OF GENTLENESS A Personal Enrichment Journey for LENT. Mondays at 8pm March 8th and each Monday in Lent. On-Line from St Patrick's Church Strandhill. www.churchservices.tv/strandhill

Lenten Reflections with Fr. Niall Ahern Listen/podcast www.elphindiocese.ie/reflections

Forms of Friday Penance

The following are suggested as ways of fulfilling Friday penance:

- Abstaining from meat or some other food
- Abstaining from alcoholic drink or smoking
- Making a special effort at involvement in family prayer
- Making a special effort to participate in Mass on Fridays
- Visiting the Blessed Sacrament
- Making the Stations of the Cross
- Fasting from all food for a longer period than usual and
- perhaps giving what is saved to the needy
- Helping the poor, sick, old, or lonely.

Age Action Ireland Internet skills to keep in touch with family / friends. 5 hours of free tutoring by phone / video call to help use the smartphone, computer, tablet or iPad. **Getting Started KIT** programme in your own home free guide. Tel 01 4756989 or email gettingstarted@ageaction.ie

News Items by Tuesday please to: rsnews2020@gmail.com